



RESOURCES FOR RETIREES



Medicare
www.medicare.gov
1-800-663-4227



Health Insurance Marketplace
www.healthcare.gov
1-800-318-2596



Social Security Administration
www.ssa.gov
1-800-772-1213



LaSHIP
www.lidi.la.gov/consumers/senior-health-shiip
1-225-342-5301
1-800-259-5300



Louisiana State Employees Retirement System
lasersonline.org/
1-225-922-0600
1-800-256-3000



Teachers Retirement System of Louisiana
www.trsl.org
1-225-925-6446
1-877-275-8775



Louisiana School Employees Retirement System
lsers.net/
1-225-925-6484
1-800-256-3718



Louisiana State Police Retirement System
lsprs.org/
1-225-295-8400



Retired State Employees Association
www.rseala.org/
1-225-930-0961



Louisiana Retired Teachers Association
lrta.net/
1-225-927-8837
1-888-531-1992
info@lrta.net



Association Member Benefits Advisors
amba-review.com