**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs **Coverage for:** Non-Medicare Retirees Prior to March 1, 2015

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.bcbsla.com/ogb</u> by calling 1-800-392-4089.

| Important Questions  | Answers  | Why this Matters:  |  |
|--|--|--|--|
| What is the overall <u>deductible</u> ?                          | <ul> <li>Network Providers: Employee Only:</li> <li>\$0 Person; Employee + 1: \$0; Family:</li> <li>\$0; per Calendar Year</li> <li>Non-Network Providers: No</li> <li>Coverage</li> </ul>                   | See the chart starting on page 2 for your costs for services this plan covers.   |  |
| Are there other <u>deductibles</u> for specific services?        | No.  | You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.  |  |
| Is there an <u>out–of–pocket</u><br><u>limit</u> on my expenses? | Yes. <b>Network Providers:</b> Employee<br>Only: <b>\$1,000</b> Person; Employee +<br>Spouse: <b>\$2,000</b> ; Family: <b>\$3,000</b> ; Per<br>Calendar Year<br><b>Non-Network Providers:</b> No<br>Coverage |  |  |
|  |  | Even though you pay these expenses, they don't count toward the <u>out-of-</u><br><u>pocket limit</u> .  |  |
|  |  | The Common Medical Event chart describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.   |  |
| Does this plan use a <u>network</u><br>of <u>providers</u> ?     | Yes. For a full listing of network<br>providers, see <u>www.bcbsla.com/ogb</u><br>or call <b>1-800-392-4089.</b>   | If you use an in-network doctor or other health care <b>provider</b> , this plan will<br>pay some or all of the costs of covered services. Be aware, your in-network<br>doctor or hospital may use an out-of-network <b>provider</b> for some services.<br>Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in<br>their <b>network</b> . See the Common Medical Event chart for how this plan pays<br>different kinds of <b>providers</b> . |  |
| Do I need a referral to see a <u>specialist</u> ?                | No. You don't need a referral to see a specialist.   | You can see the <b><u>specialist</u></b> you choose without permission from this plan.   |  |

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## **Summary of Benefits and Coverage:** What this Plan Covers & What it Costs **Coverage for:** Non-Medicare Retirees Prior to March 1, 2015

| Are there services this plan doesn't cover? | Yes. | Some of the services this plan doesn't cover are listed in Excluded<br>Services & Other Covered Services. See your policy or plan document<br>for additional information about <u>excluded services</u> . |
|---|------|---|
|---|------|---|



Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Preferred **providers** by waiving or charging you lower **<u>deductibles</u>**, **<u>copayments</u>** and <u><u>coinsurance</u> amounts.</u>

| Common<br>Medical Event                             | Services You May Need                            | Your Cost If You Use an<br>In-network Provider | Your Cost If You<br>Use an<br>Out-of-network<br>Provider | Limitations & Exceptions           |
|---|--|--|--|------------------------------------|
|   | Primary care visit to treat an injury or illness | \$25 copayment per visit                       | No Coverage  | None                               |
| If you visit a health care <u>provider's</u> office | Specialist visit                                 | \$50 copayment per visit                       | No Coverage  | None                               |
| or clinic   | Other practitioner office visit                  | \$25 copayment per visit                       | No Coverage  | None                               |
|   | Preventive care/screening                        | No Cost  | No Coverage  | Age and/or time restrictions apply |

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**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs **Coverage for:** Non-Medicare Retirees Prior to March 1, 2015

| Common<br>Medical Event  | Services You May Need   | Your Cost If You Use an<br>In-network Provider  | Your Cost If You<br>Use an<br>Out-of-network<br>Provider   | Limitations & Exceptions  |
|--|---|---|--|---|
| If you have a test   | Diagnostic test (x-ray, blood<br>work)  | Office, Free Standing<br>Independent Diagnostic Testing<br>Facility, or Contracted<br>Reference Lab: 0% coinsurance<br>Outpatient Hospital:<br>0% coinsurance | No Coverage  | None  |
|  | Imaging (CT/PET scans,<br>MRIs)   | \$50 copayment per visit  | No Coverage  | Must obtain authorization.  |
| If you need drugs to<br>treat your illness or<br>condition<br>More information<br>about <u>prescription</u><br><u>drug coverage</u> is<br>available by calling<br>(800)910-1831. | Generic Drugs (\$30<br>Maximum per 30 day<br>prescription, up to the \$1,500<br>Out-of-Pocket Maximum per<br>Person per Plan Year)<br>Preferred Drugs (\$55<br>Maximum per 30 day<br>prescription, up to the \$1,500<br>Out-of-Pocket Maximum per<br>Person per Plan Year)<br>Non-Preferred Drugs and<br>Specialty Drugs (\$80<br>Maximum per 30 day<br>prescription, up to the \$1,500<br>Out-of-Pocket Maximum per<br>Person per Plan Year) | \$0 after Maximum Out-of-<br>Pocket is met<br>\$20 after Maximum Out-of-<br>Pocket is met<br>\$40 after Maximum Out-of-<br>Pocket is met                      | 50% coinsurance –In<br>State<br>80% coinsurance-<br>Out of State<br>50% coinsurance –In<br>State<br>80% coinsurance-<br>Out of State | Appetite suppressant drugs; Dietary<br>supplements; Topical forms of<br>Minoxidil; Nutritional or parenteral<br>therapy; Vitamins and minerals;<br>Drugs available over the counter;<br>medical foods; bulk chemicals; any<br>federal legend drug with an over the<br>counter equivalent available<br>Utilization management criteria may<br>apply to specific drugs or drug<br>categories to be determined by PBM. |
| If you have outpatient   | Facility fee (e.g., ambulatory surgery center)  | \$100 copayment per visit   | No Coverage  | Must obtain authorization.  |
| surgery  | Physician/surgeon fees  | 0% coinsurance  | No Coverage  | None  |

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Non-Medicare Retirees Prior to March 1, 2015

| Common<br>Medical Event        | Services You May Need              | Your Cost If You Use an<br>In-network Provider                         | Your Cost If You<br>Use an<br>Out-of-network<br>Provider                  | Limitations & Exceptions                   |
|--------------------------------|------------------------------------|--|---|--|
| If you need                    | Emergency room services            | Facility - \$150 copayment<br>Non-Facility Charges – 0%<br>coinsurance | Facility - \$150<br>copayment<br>Non-Facility Charges<br>– 0% coinsurance | Facility copayment waived if admitted      |
| immediate medical attention    | Emergency medical transportation   | Ground-\$50 copayment per<br>trip: Air-\$250 copayment per<br>trip     | No Coverage   | For emergency medical transportation only. |
|                                | Urgent care                        | \$50 copayment per visit   | No Coverage   | None                                       |
| If you have a hospital<br>stay | Facility fee (e.g., hospital room) | \$100 copayment per day;<br>maximum of \$300 per<br>admission          | No Coverage   | Must obtain authorization.                 |
|                                | Physician/surgeon fee              | 0% coinsurance   | No Coverage   | None                                       |

Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.

**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs **Coverage for:** Non-Medicare Retirees Prior to March 1, 2015

| Common<br>Medical Event                  | Services You May Need                           | Your Cost If You Use an<br>In-network Provider                | Your Cost If You<br>Use an<br>Out-of-network<br>Provider | Limitations & Exceptions  |
|--|---|---|--|---|
|  | Mental/Behavioral health<br>outpatient services | \$25 copayment per visit                                      | No Coverage  | Must obtain authorization for<br>Intensive Outpatient Programs,<br>Partial Hospitalization Programs, and<br>services performed at Residential<br>Treatment Centers. |
| If you have mental<br>health, behavioral | Mental/Behavioral health inpatient services     | \$100 copayment per day;<br>Maximum of \$300 per<br>admission | No Coverage  | Must obtain authorization.  |
| health, or substance<br>abuse needs      | Substance use disorder<br>outpatient services   | \$25 copayment per visit                                      | No Coverage  | Must obtain authorization for<br>Intensive Outpatient Programs,<br>Partial Hospitalization Programs, and<br>services performed at Residential<br>Treatment Centers. |
|  | Substance use disorder inpatient services       | \$100 copayment per day;<br>Maximum of \$300 per<br>admission | No Coverage  | Must obtain authorization.  |
| If you are pregnant                      | Prenatal and postnatal care                     | \$90 copayment per pregnancy                                  | No Coverage  | None  |
|  | Delivery and all inpatient services             | \$100 copayment per day;<br>Maximum of \$300 per<br>admission | No Coverage  | Authorization may be required if the<br>mother's length of stay exceeds 48 or<br>96 hours following a vaginal or<br>caesarean delivery, respectively.               |

#### Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.

**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs **Coverage for:** Non-Medicare Retirees Prior to March 1, 2015

| Common<br>Medical Event   | Services You May Need     | Your Cost If You Use an<br>In-network Provider   | Your Cost If You<br>Use an<br>Out-of-network<br>Provider | Limitations & Exceptions   |
|---|---------------------------|--|--|--|
|   | Home health care          | 0% coinsurance   | No Coverage  | Must obtain authorization.<br>Services limited to 60 visits per plan<br>year.  |
|   | Rehabilitation services   | \$25 copayment per visit<br>regardless of provider type or<br>location   | No Coverage  | <ul> <li>Physical &amp; Occupational Therapy –<br/>Must obtain Authorization for<br/>additional visits over the limit of 50<br/>visits combined per year.</li> <li>Services performed by Licensed<br/>Massage Therapists are not covered.</li> </ul> |
| If you need help<br>recovering or have<br>other special health<br>needs | Habilitation services     | \$25 copayment per visit<br>regardless of provider type or<br>location   | No Coverage  | <ul> <li>Physical &amp; Occupational Therapy –<br/>Must obtain Authorization for<br/>additional visits over the limit of 50<br/>visits combined per year.</li> <li>Services performed by Licensed<br/>Massage Therapists are not covered.</li> </ul> |
|   | Skilled nursing care      | \$100 copayment per day;<br>Maximum of \$300 per<br>admission  | No Coverage  | Must obtain authorization.<br>Services limited to 90 days per benefit<br>period.   |
|   | Durable medical equipment | 20% coinsurance of first \$5,000<br>Allowable per year; 0%<br>coinsurance of Allowable in<br>excess of \$5,000 per year. | No Coverage  | Must obtain authorization for durable medical equipment, orthotic devices, and prosthetics greater than \$300.   |
|   | Hospice service           | 0% coinsurance   | No Coverage  | Must obtain authorization.<br>Services limited to 180 days per<br>benefit period.  |

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#### Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Non-Medicare Retirees Prior to March 1, 2015

|  |                            | Eye exam        | No Coverage                 | No Coverage  | Not Covered       |
|--|----------------------------|-----------------|-----------------------------|--|-------------------|
|  |                            |                 |                             | Purchased within 6 months following                                    |                   |
|  | If your child needs        | Classes         | Frames limited to a maximum | No Conomos   | cataract surgery. |
|  | dental or eye care Glasses | benefit of \$50 | No Coverage                 | Services are subject to the plan year deductible and available for all |                   |
|  |                            |                 |                             | members.   |                   |
|  |                            | Dental check-up | No Coverage                 | No Coverage  | Not Covered       |

**Questions:** Call **1-800-392-4089** or visit us at <u>www.bcbsla.com/ogb</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>www.bcbsla.com</u> or <u>www.healthcare.gov</u> or call 1-800-392-4089 to request a copy.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Non-Medicare Retirees Prior to March 1, 2015

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Hearing Aids (Adult)

- Infertility Treatment
- Long-Term Care
- Non-emergency care when traveling outside the United States
- Private Duty Nursing

- Residential Treatment Centers
- Routine Eye Care
- Routine Foot Care (except for Diabetes)
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic Care (Some restrictions apply)
- Dental Care (Coverage is only available for Oral Surgery for Impacted Teeth)

Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Non-Medicare Retirees Prior to March 1, 2015

#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while coverage under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-392-4089. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Blue Cross and BlueShield of Louisiana at 1-800-599-2583 or <u>www.bcbsla.com</u> OR the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does** provide minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

—To see examples of how this plan might cover costs for a sample medical situation, see the next page.—————

Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.

Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Non-Medicare Retirees Prior to March 1, 2015

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

| Having a baby<br>(normal delivery)   |                     |  |
|--|---------------------|--|
| <ul> <li>Amount owed to provider</li> <li>Plan pays \$7,077</li> <li>Patient pays \$463</li> <li>Sample care costs:</li> </ul> | r <b>s:</b> \$7,540 |  |
| Hospital charges (mother)  | \$2,700             |  |
| Routine obstetric care   | \$2,100             |  |
| Hospital charges (baby)  | \$900               |  |
| Anesthesia   | \$900               |  |
| Laboratory tests   | \$500               |  |
| Inpatient Medications  | \$200               |  |
| Radiology  | \$200               |  |
| Vaccines, other preventive   | \$40                |  |
| Total  | \$7,540             |  |
| Patient pays:<br>Deductibles   | \$0                 |  |
| Co-pays  | \$313               |  |
| Coinsurance  | \$0                 |  |
| Limits or exclusions   | \$150               |  |
| Total  | \$463               |  |
|  |                     |  |

### Managing type 2 diabetes

(routine maintenance of

a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,321
- Patient pays \$1,079

#### Sample care costs:

| Prescriptions              | \$2,900 |
|----------------------------|---------|
| Medical Equipment and      | \$1,300 |
| Supplies                   | φ1,500  |
| Office Visits              | \$250   |
| Procedures                 | \$450   |
| Education                  | \$300   |
| Laboratory tests           | \$100   |
| Vaccines, other preventive | \$100   |
| Total                      | \$5,400 |

#### Patient pays:

| Deductibles          | \$0     |
|----------------------|---------|
| Co-pays              | \$861   |
| Coinsurance          | \$139   |
| Limits or exclusions | \$79    |
| Total                | \$1,079 |

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Non-Medicare Retirees Prior to March 1, 2015

## **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>.

#### Questions: Call 1-800-392-4089 or visit us at <u>www.bcbsla.com/ogb</u>.