Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Non-Medicare Retirees Prior to March 1, 2015



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.bcbsla.com/ogb">www.bcbsla.com/ogb</a> by calling 1-800-392-4089.

| Important Questions   | Answers  | Why this Matters:   |
|---|--|---|
| What is the overall deductible?                               | Network & Non-Network Providers:<br>Employee Only: \$300; Employee + 1:<br>\$600; Family: \$900; Per Benefit Period  | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the Common Medical Event chart for how much you pay for covered services after you meet the <u>deductible</u> .   |
| Are there other <u>deductibles</u> for specific services?     | No   | You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.   |
| Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses? | Yes. <b>Network Providers:</b> Individual: \$1,300; plus \$1,300 per additional person up to 2; plus \$1,000 per additional person up to 10 people; \$12,700 for a family of 12+; Per Benefit Period; <b>Non-Network Providers:</b> Individual: \$3,300; plus \$3,300 per additional person up to 2; \$12,700 for a family of 4+; Per Benefit Period | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |
| What is not included in the <u>out-of-pocket limit?</u>       | Premiums, Balance Billed Charges, and<br>Health Care this plan doesn't cover.  | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .  |
| Is there an overall annual limit on what the plan pays?       | No.  | The Common Medical Event chart describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.  |
| Does this plan use a network of providers?                    | Yes. For a full listing of network providers, see <a href="https://www.bcbsla.com/ogb">www.bcbsla.com/ogb</a> or call 1-800-392-4089.  | If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the Common Medical Event chart for how this plan pays different kinds of <b>providers</b> . |
| Do I need a referral to see a specialist?                     | No. You don't need a referral to see a specialist.   | You can see the <b>specialist</b> you choose without permission from this plan.   |

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| Are there services this plan | Yes. |
|------------------------------|------|
| doesn't cover?               | res. |

Some of the services this plan doesn't cover are listed in Excluded Services & Other Covered Services. See your policy or plan document for additional information about <u>excluded services</u>.



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Preferred **providers** by waiving or charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common<br>Medical Event                                       | Services You May Need                            | Your Cost If You<br>Use an<br>In-network<br>Provider | Your Cost If You Use<br>an<br>Out-of-network<br>Provider | Limitations & Exceptions           |
|---|--|--|--|------------------------------------|
|   | Primary care visit to treat an injury or illness | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | None                               |
| If you visit a health care <u>provider's</u> office or clinic | Specialist visit                                 | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | None                               |
|   | Other practitioner office visit                  | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | None                               |
|   | Preventive care/screening                        | No Cost  | 30% coinsurance after deductible                         | Age and/or time restrictions apply |
| If you have a test  | Diagnostic test (x-ray, blood work)              | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | None                               |
| ii you nave a test  | Imaging (CT/PET scans, MRIs)                     | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | Must obtain authorization.         |

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| Common<br>Medical Event  | Services You May Need   | Your Cost If You<br>Use an<br>In-network<br>Provider   | Your Cost If You Use<br>an<br>Out-of-network<br>Provider | Limitations & Exceptions   |
|--|---|--|--|--|
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bcbsla.com/ogb or by calling 1-800-910-1831 | Generic Drugs (50% up to \$30 Maximum per 31 day prescription; up to the \$1,500 Out-of-Pocket Threshold per Person per Benefit Period)  Preferred Drugs (50% up to \$55 Maximum per 31 day prescription; up to the \$1,500 Out-of-Pocket Threshold per Person per Benefit Period)  Non-Preferred Drugs (65% up to \$80 Maximum per 31 day prescription; up to the \$1,500 Out-of-Pocket Threshold per Person per Benefit Period)  Specialty Drugs (50% up to \$80 Maximum per 31 day prescription up to the \$1,500 Out-of-Pocket Threshold per Person per Benefit Period)  Out-of-Pocket Threshold per Person per Benefit Period) | \$0 after Out-of-Pocket Threshold is met  \$20 after Out-of- Pocket Threshold is met  \$40 after Out-of- Pocket Threshold is met  \$40 after Out-of- Pocket Threshold is met |  | Appetite suppressant drugs; Dietary supplements; Topical forms of Minoxidil; Nutritional or parenteral therapy; Vitamins and minerals except as required by law; Drugs available over the counter; medical foods; bulk chemicals; any federal legend drug with an over the counter equivalent available  Utilization management criteria may apply to specific drugs or drug categories to be determined by PBM. |
| If you have  | Facility fee (e.g., ambulatory surgery center)  | 10% coinsurance after deductible   | 30% coinsurance after deductible                         | Must obtain authorization.   |
| outpatient surgery   | Physician/surgeon fees  | 10% coinsurance after deductible   | 30% coinsurance after deductible                         | None   |

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| Common<br>Medical Event        | Services You May Need              | Your Cost If You<br>Use an<br>In-network<br>Provider  | Your Cost If You Use<br>an<br>Out-of-network<br>Provider   | Limitations & Exceptions                                    |
|--------------------------------|------------------------------------|---|--|---|
| If you need immediate medical  | Emergency room services            | Facility – 10% coinsurance after separate \$150 emergency room copayment; Non-Facility Charges – 10% coinsurance after deductible | Facility – 10% coinsurance<br>after separate \$150<br>emergency room<br>copayment; Non-Facility<br>Charges – 10% coinsurance<br>after deductible | Facility copayment waived if admitted to the same facility. |
| attention                      | Emergency medical transportation   | Ground Transportation & Air Ambulance: 10% coinsurance after deductible   | Ground Transportation & Air Ambulance: 30% coinsurance after deductible  | None  |
|                                | Urgent care                        | 10% coinsurance after deductible  | 30% coinsurance after deductible   | None  |
| If you have a<br>hospital stay | Facility fee (e.g., hospital room) | 10% coinsurance after deductible  | \$50 copayment per day;<br>Maximum of 5 days per<br>admission; then 30%<br>coinsurance after<br>deductible                                       | Must obtain authorization.                                  |
|                                | Physician/surgeon fee              | 10% coinsurance after deductible  | 30% coinsurance after deductible   | None  |

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Coverage for: Non-Medicare Retirees Prior to March 1, 2015

| Common<br>Medical Event               | Services You May Need                           | Your Cost If You<br>Use an<br>In-network<br>Provider | Your Cost If You Use<br>an<br>Out-of-network<br>Provider   | Limitations & Exceptions  |
|---------------------------------------|---|--|--|---|
|                                       | Mental/Behavioral health<br>outpatient services | 10% coinsurance after deductible                     | 30% coinsurance after deductible   | Must obtain authorization for Intensive<br>Outpatient Programs, Partial<br>Hospitalization Programs, and services<br>performed at Residential Treatment<br>Centers. |
| If you have mental health, behavioral | Mental/Behavioral health inpatient services     | 10% coinsurance after deductible                     | \$50 copayment per day;<br>Maximum of 5 days per<br>admission; then 30%<br>coinsurance after<br>deductible | Must obtain authorization.  |
| health, or substance abuse needs      | Substance use disorder outpatient services      | 10% coinsurance after deductible                     | 30% coinsurance after deductible   | Must obtain authorization for Intensive<br>Outpatient Programs, Partial<br>Hospitalization Programs, and services<br>performed at Residential Treatment<br>Centers. |
|                                       | Substance use disorder inpatient services       | 10% coinsurance after deductible                     | \$50 copayment per day;<br>Maximum of 5 days per<br>admission; then 30%<br>coinsurance after<br>deductible | Must obtain authorization.  |
|                                       | Prenatal and postnatal care                     | 10% coinsurance after deductible                     | 30% coinsurance after deductible   | None  |
| If you are pregnant                   | Delivery and all inpatient services             | 10% coinsurance after deductible                     | \$50 copayment per day;<br>Maximum of 5 days per<br>admission; then 30%<br>coinsurance after<br>deductible | Authorization may be required if the mother's length of stay exceeds 48 or 96 hours following a vaginal or caesarean delivery, respectively.                        |

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| Common<br>Medical Event   | Services You May Need     | Your Cost If You<br>Use an<br>In-network<br>Provider | Your Cost If You Use<br>an<br>Out-of-network<br>Provider | Limitations & Exceptions   |
|---|---------------------------|--|--|--|
|   | Home health care          | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | Must obtain authorization. Services limited to 60 visits per Benefit Period.   |
| If you need help<br>recovering or have<br>other special health<br>needs | Rehabilitation services   | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | Physical & Occupational Therapy –<br>Services limited to 50 visits combined per<br>Benefit Period. Must obtain<br>authorization for additional visits per<br>Benefit Period. |
|   | Habilitation services     | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | Physical & Occupational Therapy – Must obtain Authorization for additional visits over the limit of 50 visits combined per Benefit Period.                                   |
|   | Skilled nursing care      | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | Must obtain authorization. Services limited to 90 days per Benefit Period.   |
|   | Durable medical equipment | 10% coinsurance after deductible                     | 30% coinsurance after deductible                         | Must obtain authorization for durable medical equipment, orthotic devices, and prosthetics greater than \$300.   |

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| Common Services You May Need | ur Cost If You<br>Use an<br>In-network<br>Provider | Your Cost If You Use<br>an<br>Out-of-network<br>Provider | Limitations & Exceptions |
|------------------------------|--|--|--------------------------|
|------------------------------|--|--|--------------------------|

| I.C. |                                      | Eye exam        | Routine – No Coverage            | Routine - No Coverage | Not Covered   |
|------|--------------------------------------|-----------------|----------------------------------|-----------------------|---|
|      | your child needs<br>ntal or eye care | Glasses         | No Coverage                      | No Coverage           | Not covered.  |
| ac.  | intar or eye care                    | Dental check-up | No Coverage                      | No Coverage           | Not Covered   |
|      |                                      | Hospice service | 20% coinsurance after deductible | 30% consurance after  | Must obtain authorization.<br>Services limited to 180 days per Benefit<br>Period. |

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### **Excluded Services & Other Covered Services:**

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Hearing Aids (Adult)

- Infertility Treatment
- Long-Term Care
- Private-Duty Nursing

- Residential Treatment Centers
- Routine Eye Care
- Routine Foot Care (except for Diabetes)

Plan Type: PPO

• Weight Loss Programs

## Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic Care (Some restrictions apply)
- Glasses (Frames Maximum Benefit of \$50.
   Must be purchased within 6 months following cataract surgery. Services are subject to Benefit Period deductible and are applicable to all members.)
- Dental Care (Coverage is only available for Oral Surgery for Impacted Teeth)
- Non-emergency care when traveling outside the United States

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### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-392-4089. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Blue Cross and BlueShield of Louisiana at 1-800-599-2583 or <u>www.bcbsla.com</u> OR the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

| <br>To see exan | ntles of how to | his plan might cover cost      | ts for a sample medical situation. | see the next page.———— |
|-----------------|-----------------|--------------------------------|------------------------------------|------------------------|
| 1 0 300 00000   | 1000 01 130W VI | 300 provin 1100g130 00001 0000 | 5 for a sample medical survey      | see vise need puze.    |

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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$6,236
- Patient pays \$1,304

#### Sample care costs:

| 7,540         |
|---------------|
| <b>\$4</b> 0  |
| \$200         |
| \$200         |
| \$500         |
| \$900         |
| \$900         |
| 2,100         |
| <b>2,</b> 700 |
|               |

### Patient pays:

| ralieni pays.        |         |  |  |
|----------------------|---------|--|--|
| Deductibles          | \$450   |  |  |
| Co-pays              | \$23    |  |  |
| Coinsurance          | \$681   |  |  |
| Limits or exclusions | \$150   |  |  |
| Total                | \$1,304 |  |  |

### **Managing type 2 diabetes**

Plan Type: PPO

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,721
- Patient pays \$1,679

### Sample care costs:

| Prescriptions              | \$2,900 |
|----------------------------|---------|
| Medical Equipment and      | \$1,300 |
| Supplies                   | Ψ1,500  |
| Office Visits              | \$250   |
| Procedures                 | \$450   |
| Education                  | \$300   |
| Laboratory tests           | \$100   |
| Vaccines, other preventive | \$100   |
| Total                      | \$5,400 |

### Patient pays:

| Deductibles          | \$450   |
|----------------------|---------|
| Co-pays              | \$968   |
| Coinsurance          | \$182   |
| Limits or exclusions | \$79    |
| Total                | \$1,679 |

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### Questions and answers about the Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

Plan Type: PPO

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>.

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